

NEWSLETTER

Feb.20th, 2025

SCHOOL-WIDE NEWS

LifePlus Basketball Tournament

In the basketball league, all the students have been working incredibly hard, showing remarkable progress throughout the season. We are especially proud of every player who has consistently demonstrated dedication, skill, and leadership on the court. Their efforts have not only inspired the team but also contributed significantly to our success. As we continue to grow and improve, we hope this team becomes even stronger, fostering a spirit of unity and determination. With such passion and commitment, the future looks bright for our basketball squad. Keep pushing forward!



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5th Creative Writing Contest

The fifth annual Creative Writing Contest is scheduled for Saturday, March 22. Please mark your calendar. More details will be shared in the coming weeks.



LifePlus High School VEX Robotics Competition

The LifePlus HS VEX Robotics Competition is taking place on February 21-22, 2025. Tianjin International School (TIS) is hosting the competition, and the students in HS Robotics class or club will be traveling to participate in the competition. This will provide a good opportunity for them to present not only their robotics skills, but also their problem-solving skills. Go Sharks!

LifePlus MUN Conference

The Yantai MUN Club is excited to join the MUN Conference hosted by International School of Qingdao (ISQ) on February 28 – March 1. MUN is an United Nations simulation for students. Students from other international schools in China are coming to develop and debate innovative solutions to pending global issues. We look forward to a wonderful conference!

HSK Testing for 2025

The table below outlines the schedule and levels of the HSK tests from March to June 2025. Registration for all these tests are open now.

Taking the HSK test is open to anyone. You can register and make your payment through the official HSK website. Upon successful registration, you will receive a confirmation email. Registration will close as soon as the capacity (30 participants per session) is reached.

All HSK tests will be administered on school computers.

Test Date	Test Level	Registration Close Date
March 9 (Sun)	4, 5, 6	February 27



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April 12 (Sat)	4, 5	April 2
May 17 (Sat)	4, 5, 6	May 7
June 22 (Sun)	4, 5	June 12

LifePlus Fine Arts Festival

YIA high school selected students from choir, band, art, and drama will be traveling to Tianjin to participate in the LifePlus Fine Arts Festival from March 13-16. The festival will be a two-day all-day event for advanced Art, Band, Choir, and Drama students in LifePlus schools. Participating music students prepare for a performance under the leadership of professional choral and band conductors. Drama students will learn a production along with students from other schools. Selected art students will participate in intensive workshops to fine-tune their art form. Our school will also send five artworks from our students. These pieces will be judged and scored at the Festival. The first, second, and third place winners are given prizes.

Please contact lexi.forstrom@yhischina.com with any questions about the trip.

Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Korean	Fish Cake Soup*#, Rice Omelet#^*, Pork Cutlet*^, Seasoned Bean Sprouts*, Cabbage Salad^	Chicken Soup*, Multigrain Rice*, Tuna Kimchi Pancake*#, Stir-fried Zucchini#*, Silken Tofu*	Miso Soup#*, Spam Tuna Mayo Rice#^*, Stir-fried Broccoli + Mushroom*, Yakult&	Kimchi Soup#*, Multigrain Rice*, Fried Cod*#^, Spicy Stir-fried Pork*, Quail Egg Salad^	Rose sauce Tteokbokki*#&^, Stir-fried Beef Rice*, Fried Shrimp*#^, Candied Sweet Potatoes*, Juice
Chinese/ Western	Multigrain Rice, Pork Chop Burger*#&^, Deep-fried Pork Filet, ^*, Stir fried broccoli and cauliflower*, Cornmeal Porridge,	Multigrain Rice, Cream pasta&*, Poached Slices of Pork#*, Stir-fried Tomatoes with Eggs*^, Millet Congee	Multigrain Rice, Braised Ribs with Corn*, Beef Rice Ball*, Stir-fried Mushroom with Broccoli*, Rice Porridge	Multigrain Rice, Braised Quail Eggs with Pork*, popcorn chicken*^, Stir-fried Celery with Tofu Skin*,	Multigrain Rice, Fried chicken fillet*, Fried Vegetables with Mushroom*, Seaweed Egg Soup#*^
Fruit	Seasonal Fruits				

Allergies:

*Wheat

#Seafood

&Dairy

^Eggs

@Nuts

*If a salad is served with a specific dressing, the allergens are listed on the menu. However, for the salad with optional dressings, the allergens are not listed.



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